



## Denture Care Instructions

- Remove and rinse dentures after eating. Run water over your dentures to remove food debris and other loose particles.
- Handle your dentures carefully. Be sure you don't bend or damage the plastic or the clasps when cleaning.
- Clean your mouth after removing your dentures. Use a soft-bristled toothbrush on natural teeth and gauze or a soft toothbrush to clean your tongue, cheeks and roof of your mouth.
- Brush your dentures at least daily. Remove and gently clean your dentures daily. It's recommended to brush your dentures with Dawn dish soap for cleaning.
- Overnight- Place dentures in a dish with some water, not soaking completely. It's recommended NOT to use the denture solution. Just use water.
- Rinse dentures thoroughly before putting them back in your mouth.
- Schedule regular dental checkups. Your dentist will recommend how often to visit to have your dentures examined and professionally cleaned.
- See your dentist or denturist if you have a loose fit. See your dentist or denturist promptly if your dentures become loose. Loose dentures can cause irritation, sores and infection.